Tuesday, 5 January 2010

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Lectures and Seminars

Wednesday, January 6, 2010
Center on Social Disparities in Health Seminar Series

**Topic: Reducing Health Inequities through Environmental Policy change**

*Mildred Thompson*
Director, PolicyLink Center for Health and Place
Deputy Director, RWJF Center to Prevent Childhood Obesity

Time: 12:00 - 1:30 pm
Location: UCSF Laurel Heights Campus, Conference Room 474, 3333 California Street

Contact CSDH@fcm.ucsf.edu

Wednesday, January 6, 2010
Geriatrics Grand Rounds

**Topic: When Geriatrics and the Law Collide: Older Adult Contact with the Legal System**

*Judith A. Salerno, MD, MS*
Executive Director/Chief Operating Officer
Institute of Medicine of the National Academies

with an introduction given by:

*Kenneth Covinsky, MD, MPH*
Professor of Medicine
Edmund G. Brown, Sr. Distinguished Professorship in Geriatrics
UCSF Department of Medicine
Division of Geriatrics

Time: 8:00 - 9:00 am
Location: -302, Health Sciences West, Parnassus Campus
Details: coffee and tea will be served

Contact Education Coordinator, Jonathan E. Leff at leff@medicine.ucsf.edu or 415-221-4810 x4382
**Wednesday, January 6, 2010**  
Osher Center for Integrative Medicine  

**Mindfulness-Based Stress Reduction Information Session**  

**Charlie Johnson**  
UCSF Osher Center for Integrative Medicine  

No registration needed. Just drop in!  

Learn about Mindfulness-Based Stress Reduction (MBSR), an eight-week program that introduces you to mindfulness practice in the form of sitting meditation, body awareness and mindful movement, modeled by Jon Kabat-Zinn, PhD.  

Time: 7:00 pm-9:30 pm  
Location: 1701 Divisadero St., Suite 150, San Francisco, CA 94115  
Details: attendance=Everyone  

Contact: Lynn Prudencio  
Phone: 415.353.7718  
Email: classes@ocim.ucsf.edu  

**Thursday, January 7, 2010**  

PLEASE JOIN US FOR A SPECIAL SEMINAR WITH  

**RICHARD WILKINSON**  
AND  
**KATE PICKETT**  

Authors of **“The Spirit Level: Why Greater Equality Makes Societies Stronger”**  

Presentation: 9:00-10:00 am  
Discussion: 10:00-10:30am  
Location: UCSF Laurel Heights Campus, Chancellor’s Room, Level S1  
3333 California Street, San Francisco, CA 94118  

*UCSF Co-Sponsors*  

*Center for Health and Community (CHC)*  
*Center on Social Disparities on Health (CSDH)*  
*Philip R. Lee Institute for Health Policy Studies (PRL-IHPS)*
**Friday, January 8, 2010**
Department of Psychiatry / Health Psychology Seminar Series: "Mind and Biology: Mechanisms and Models"

**Topic: Serotonin Transporter Polymorphism Impacts HPA Stress Response**

**Ruth O'Hara PhD**
Associate Director, Sierra-Pacific Mental Illness Education and Clinical Center (MIRECC) Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford

The Mind and Biology Seminar Series provides a discussion forum for faculty and students at UCSF and other local universities interested in the interactions among stress and psychological factors, the nervous system, peripheral biological systems (the autonomic nervous system, hormonal systems, the immune system) and health/disease. The seminar series is particularly focused on understanding physiological mechanisms that link the mind to health and disease as well as exploring these relationships at a conceptual level. Some sessions include presentations by researchers from around the Bay area or invited speakers from outside the Bay area. Others focus on discussion of timely topics or relevant new findings. The sessions are open to interested researchers and students.

Sponsored by the Center for Health and Community at UCSF and co-facilitated by Margaret Kemeny, Elissa Epel, and Owen Wolkowitz. Please feel free to bring along a packed lunch.

For additional information about the seminars, please contact Margaret Kemeny (KemenyM@healthpsych.ucsf.edu or 415-476-7620).

**Time:** 12:00 - 1:15 pm  
**Location:** UCSF Laurel Heights Campus, 3333 California Street, Conference Room 474

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**Tuesday, January 12, 2010**
Postdoctoral Seminar in Psychology and Medicine

**Frances Cohen, PhD**
Department of Psychiatry

At the postdoctoral seminars, “Psychology and Medicine” faculty or guest speakers present their current research. The seminars are open to UCSF graduate students, postdoctoral fellows and faculty.

If interested in attending, please contact Administrative Assistant at (476-7285 or HealthPsychology@ucsf.edu) for further information.
Tuesday, January 12, 2010
Medical Effectiveness Research Center for Diverse Populations (MERC)

Topic: Numbers & Narratives, Insiders & Outsiders - considering evidence in context for cancer disparities research

Presenter: Rena Pasick

Time: 3:00 - 5:00 pm
Location: UCSF Laurel Heights Campus, 3333 California Street, CHC Conference Room 474

Contact Cecilia Populus-Eudave, MERC Coordinator at 415-502-4088 or ceciliap@medicine.ucsf.edu.

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