Tuesday, 6 October 2009

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Film Screening
Monday, October 12, 2009

The UCSF Institute for Health & Aging and the Department of Social and Behavioral Sciences are proud to present:

UNNATURAL CAUSES—Is Inequality Making Us Sick?

Film Screening followed by discussion

This ground-breaking documentary sheds light on mounting evidence of how inequities in the rest of our lives – the jobs we do, the wealth we enjoy, the neighborhoods we live in – can get under the skin and disrupt our biology as surely as germs and viruses. Solutions lie not in more pills but in more equitable social policies.

Time: 3:00 – 5:00 pm
Location: UCSF Laurel Heights, Conference Room 474

Refreshments provided – PLEASE JOIN US!

Contacts:
Yvette Cuca yvette.cuca@ucsf.edu
Amina Massey amina.massey@ucsf.edu

Lectures and Seminars
Tuesday, October 6, 2009

Aging and immigration in Mexican Americans: results from the Sacramento Area Latino Study on Aging (SALSA)

Presenter: Mary N. Haan, DPH, MPH
Professor, University of California, San Francisco
Dept of Epidemiology and Biostatistics

Time: 3:00 - 5:00 pm
Location: UCSF Laurel Heights, Conference Room 474
Wednesday, October 7, 2009
October Geriatrics Grand Rounds

The Impending Dementia Epidemic: Can It Be Prevented by Physical and Mental Activity Interventions?

Deborah Barnes, PhD
Assistant Professor of Psychiatry
UCSF Department of Psychiatry

with case presentation given by:

Madhuri Reddy, MD
Staff Physician
San Francisco Veterans Affairs Medical Center
Geriatrics and Extended Care

Time: 8:00 am – 9:00 am
Location: HSW-301, Health Sciences West, UCSF Parnassus Campus
Coffee and tea will be served.

Contact: Education Coordinator, Jonathan E. Leff at leff@medicine.ucsf.edu or 415-221-4810 x4382

Wednesday, October 7, 2009 – POSTPONED
Center on Social Disparities in Health Seminar Series

Rajiv Bhatia, MD, MPH
Director, Occupation and Environmental Health
San Francisco Department of Public Health
Assistant Clinical Professor of Medicine
University of California, San Francisco

Contact: CSDH at 415-476-6839 or CSDH@fcm.ucsf.edu
**Thursday, October 8, 2009**
Robert Wood Johnson Foundation Health & Society Scholars
Program Core Seminar Schedule

**Topic: Neighborhoods and Hypertension: An Example of Multi-level Thinking**

Speaker: **Mahasin Mujahid, PhD**
Assistant Professor Division of Epidemiology, School of Public Health, UC Berkeley

Time: 12:00 - 2:00 pm  
Location: UCSF Laurel Heights, Conference Room 474

Contact: [hss@ chc.ucsf.edu](mailto:hss@ chc.ucsf.edu)

**Thursday, October 8, 2009**

**How Yoga Can Help Reduce Symptoms, Manage Illness, and Promote Healing**

**TKV Desikachar**
World-renowned Yoga teacher and global authority on the therapeutic uses of Yoga

This presentation will address Yoga as a multi-dimensional holistic approach for reducing symptoms, managing illness, and promoting healing. Attendees will experience simple techniques taught by TKV Desikachar.

[www.usher.ucsf.edu/public/lunchtime.html#october](http://www.usher.ucsf.edu/public/lunchtime.html#october)

Time: 12:00-1:00 pm  
Location: 1701 Divisadero St., Suite 150, San Francisco, CA 94115

Contact: Lynn Prudencio, 415-353-7223, prudenciol@ocim.ucsf.edu
Friday, October 9, 2009- SPECIAL DATE
COAST SEMINAR SERIES

**Topic: Weight and mortality: the population perspective and issues of interpretation**

**Katherine M. Flegal**
Senior Research Scientist/Distinguished Consultant National Center for Health Statistics Centers for Disease Control and Prevention

Time: 12:00-1:30 pm
Location: UCSF Laurel Heights, Conference Room 474

Contact: Marin Thompson, COAST Program Coordinator at COAST@chc.ucsf.edu

Tuesday, October 13, 2009
Postdoctoral Seminar in Psychology and Medicine

**Topic: New Research on Predictors of Burnout and Engagement**

**Christina Maslach, PhD**
Vice Provost, Undergraduate Education, UC Berkeley

Time: 8:30 - 10:00 am
Location: UCSF Laurel Heights, Conference Room 474

The seminars are open to UCSF graduate students, postdoctoral fellows and faculty.

Contact: Health Psychology Program 415-476-7285 or HealthPsychology@ucsf.edu

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